# **ARTUR V. AMMALAINEN**

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### **EDUCATION**

2022	<b>PhD</b> in General Psychology, Psychology of Personality, History of Psychology Thesis: The effect of processing fluency on the Aha! experience ratings in insight solutions (Advisor: Nadezhda Moroshkina)	Saint Petersburg State University Saint Petersburg, Russia
2016-2018	<b>Master's</b> in General Psychology (with distinction, medal for academic success) Thesis: The influence of semantic priming on metacognitive judgments in insight problem solving	Saint Petersburg State University Saint Petersburg, Russia
2012-2016	<b>Bachelor's</b> in Psychology (with distinction) Thesis: The dynamics of creativity in school-age children	Pushkin Leningrad State University Saint Petersburg, Russia
<b>RESEARCH E</b>	EXPERIENCE	
2023-current	<b>Postdoc Researcher</b> Social, cognitive, and metacognitive aspects of judgement making and belief change.	Department of Developmental and Educational Psychology Institute of Psychology University of Greifswald <i>Greifswald, Germany</i>
2020-2023	Junior research fellow Cognitive mechanisms of CRA problem solving, mental models of COVID-19, embodied and mental insight problem solving.	Laboratory for Cognitive Research Russian Academy of National Economy and Public Administration <i>Moscow, Russia</i>
2019 - 2022	<b>Research Assistant</b> The sources of Aha! experience in insight problem solving, Insight memory advantage.	Institute for Cognitive Studies Saint Petersburg State University Saint Petersburg, Russia
Jun 2021 - Oct 2021	Junior research fellow Neurocorrelates of insight and Aha! experience	Laboratory of Neurovisualization, Institute for Human Brain Saint Petersburg, Russia
Dec 2020	<b>Junior research fellow</b> Cognitive and affective aspects of insight problem solving	Laboratory of Psychology and Psychophysiology of Creative Activity, Russian Academy of Science <i>Moscow, Russia</i>
May 2020 - Nov 2020	<b>Research internship</b> (Supervisor — prof. Spiridonov V.F.) Metacognitive judgments after relevant and misleading priming in CRA problems.	Laboratory for Cognitive Research Russian Academy of National Economy and Public Administration <i>Moscow, Russia</i>
2017 - 2018	<b>Research internship</b> (Supervisor – Zhukova M. A.) Cognitive development of children with a history of institutionalisation.	Laboratory for interdisciplinary studying of human development Saint Petersburg State University Saint Petersburg, Russia

# **TEACHING EXPERIENCE**

2024	<b>Lecturer</b> Courses: EEG, Discussion Group: Past, Present, and Future of Psychology	Department of Developmental and Educational Psychology Institute of Psychology University of Greifswald Greifswald, Germany
2023	Lecturer Courses: Science Communication	Department of Developmental and Educational Psychology Institute of Psychology University of Greifswald <i>Greifswald, Germany</i>
2022 - 2023	<b>Lecturer</b> Courses: Foundations of Cognitive Psychology, Modern Cognitive Psychology	Russian Academy of National Economy and Public Administration <i>Moscow, Russia</i>
2020 - 2021	<b>Lecturer</b> Courses: Psychology of Decision Making	Russian Academy of National Economy and Public Administration <i>Moscow, Russia</i>
2020	<b>Lecturer</b> Course: Foundation of Applied Cognitive Psychology	HSE University Saint Petersburg, Russia
2020-2021	Theory & Practice of Creative Thinking (March 1st, 2020). Psychology of Problem Solving (December 15th, 2021). Creativity and Problem Solving in Cognitive Psychology (December 2020). Psychology of Problem Solving (November 2020).	HSE University Saint Petersburg, Russia
2019 - 2020	Creative mind: Where do novel ideas come from? (Feb 5th, 2020). Getting over impasse: How new ideas are born? (February, 2020). Insight, Aha! experience, and problem solving (November 2019). How do psychologists study unobservable things (December 2019). Emotions & Cognition (October 29th, 2019). Insight: Myth or reality? The sad story of one phenomenon (January 14th, 2019).	Saint Petersburg State University Saint Petersburg, Russia
2017	Teaching Assistant	Saint Petersburg State University Saint Petersburg, Russia

# **RESEARCH SUPERVISION**

As a research assistant at SPBU and a junior researcher at RANEPA, I consulted bachelor's and Master's students on developing research questions, programming experiments, and data analysis and reviewed their work.

I have supervised several bachelor-level research works as a part of teaching the "Psychology of Decision Making" course in 2020-2021:

• The effect of eliciting fear on the decisions about the purchases.

- The effect of the gender stereotypes in advertisements on the consumer choice.
- The effect of the sexualised advertisement on the remembering of the goods.
- The effect of processing fluency on the trust to advertisement.

# **RESEARCH GRANTS**

2019-2022 The role of Aha!-experience in problem solving and remembering acquired knowledge *RFBR Grant 20-013-00532* 

- Writing application
- Coordinating research projects
- Writing reports

# PUBLICATIONS

Preprints

1. **Ammalainen, A.**, & Moroshkina, N. (2023, April 17). A sudden increase in perceptual fluency enhances the probability of an Aha!-like comprehension in remote associate test problems. <u>https://doi.org/10.31234/osf.io/aqj5y</u>

#### Journal articles (In English)

- Moroshkina NV, Pavliuchik El, Ammalainen AV, Gershkovich VA and Lvova OV (2024) The Aha! experience is associated with a drop in the perceived difficulty of the problem. Front. Psychol. 15:1314531. <u>https://doi.org/10.3389/fpsyg.2024.1314531</u>.
- Ammalainen, A. & Moroshkina, N. (2022) Where does Eureka come from? The effect of unreportable semantic hints in the phenomenology of insight. *Journal of Intelligence*, 10(4), 110. <u>https://doi.org/10.3390/jintelligence10040110</u>.
- 3. Moroshkina, N., Savina, A., **Ammalainen, A**., Gershkovich, V., Zverev, I., Lvova, O. (2022) How difficult was it? Metacognitive judgements about problems and their solutions after Aha! moment. *Frontiers in psychology*. 13:911904. doi: 10.3389/fpsyg.2022.911904.
- Ammalainen, A. & Moroshkina, N. (2020) The effect of true and false unreportable hints on anagram problem solving, restructuring, and the Aha!-experience. *Journal of Cognitive Psychology*, 33, 6–7, 644–658. <u>https://doi.org/10.1080/20445911.2020.1844722</u>
- Ammalainen, A.V. & Moroshkina, N.V. (2019) When an error leads to confidence: false insight and feeling of knowing in anagram solving. Psychology. Journal of the Higher School of Economics. 16 (4), 774–783. DOI: 10.17323/1813-8918-2019-4-774-783

#### Journal articles (in Russian)

- 1. Moroshkina, N.V. & **Ammalainen, A.V.** (2021) From Insight to Aha! experience: A new paradigm in the research of insight problem solving. Sibirskiy Psihologicheskiy Zhurnal [Siberian psychological journal], 79, 48-73. DOI: 10.17223/17267080/79/4
- 2. Moroshkina, N.V., **Ammalainen, A.V.**, Savina, A.I. (2020) Catching up with insight: modern approaches and methods of measuring insight in cognitive psychology. Psihologicheskie issledovaniya [Psychological studies], 74(13).
- 3. Tikhonov, R. V., **Ammalainen, A. V.**, & Moroshkina, N. V. (2018). The variety of metacognitive feelings: Different phenomena or different terms? Vestnik of Saint Petersburg University. Psychology and Education, 8(3), 214–242. https://doi.org/10.21638/11701/spbu16.2018.302

#### Peer-reviewed conference papers (in Russian)

- Spiridonov, V.F., Loginov N.I., Ammalainen A.V., Vyazovkina V.K., Ardislamov V.V., Anufriev G.V. (2021) Mental models in action: The difference of consistent responses is less than inconsistent. Cognitive science in Moscow: New research, 406-410 (Moscow, 2021)
- Loginov, N.I., Spiridonov, V.F., Kurbanov K.A., Ardislamov V.V., Ammalainen, A.V. Vyazovkina, V.K. (2021) The long-term individual differences in preferences of mental VS embodied problem solving. Cognitive science in Moscow: New research, 255-260 (Moscow, 2021).
- 3. **Ammalainen, A.V.**, Moroshkina, N.V. The effect of unreportable hints on cognitive and affective components of insight in anagrams solving (2021). Cognitive psychology: Lowerand higher-level processing, 7-11 (Yaroslavl, 2021).

### **CONFERENCE PRESENTATIONS**

- **2024** 1. Metacognitive Markers of the Prevalence-Induced Concept Change. Tagung experimentell arbeitender Psycholog:innen; Conference of Experimental Psychologists, Regensburg (poster presentation).
  - 2. The Effect Of Feedback On Behavioural And Subjective Measures Of Insight Problem Solving. International Conference on Thinking, Milan (poster presentation).
- **2023** 1. How deliberative processes affect the pattern of activation spreading in compound remote associate (CRA) problems. 23rd Conference of the European Society for Cognitive Psychology, Porto (poster presentation)
- **2022** 1. The Changes In Perceptual Processing Fluency Increase The Chances Of "Aha!"-Like Comprehension Of The Solution In Remote Associate Problems. The first meta-reasoning conference, Jerusalem (oral presentation)
- **2021** 1. Do constraints guide the search in remote associate problems? The Bruner Memorial Conference on Cognitive Psychology, Yaroslavl (oral presentation)
  - 2. The Unreportable Semantic Hints Influence the Ahal-experience, Certainty, and Subjective Suddenness of the Solutions in Anagram Solving. Psychonomic Society 62nd Annual Meeting, online (poster presentation)
  - 3. The influence of semantic hints on behavioural and phenomenological measures of insight problem solving. Rationality in the digital age, online (oral presentation)
  - 4. The effect of processing fluency on the coherence judgments in remote associate problems. The Duncker Memorial Summer School on cognitive psychology, Moscow (poster & oral presentation)
- **2020** 1. The effect of unreportable semantic hints on cognitive and affective components of insight in anagram solving. The Bruner Memorial Conference on Cognitive Psychology, Yaroslavl, Yaroslavl (oral presentation)
  - 2. The effect of perceptual fluency on the affective component of insight. The Duncker Memorial Summer School on Cognitive Psychology, Moscow (poster presentation)
  - 3. Processing fluency: objective feature, subjective feeling, or latent construct? The Duncker Memorial Summer School on Cognitive Psychology, Moscow (oral presentation)
  - 4. The sources of Aha! Experience: representational change or unconscious processing? Online seminar "From insight to Aha! Experience", online (oral presentation)
- **2019** 1. Inducing false insights using reportable and unreportable semantic hints. 21st Conference of the European Society for Cognitive Psychology, Tenerife (poster presentation)
  - 2. The effect of semantic hints on the strength of Aha! experience and probability of false insights. The Duncker Memorial Summer School on Cognitive Psychology, Moscow (poster presentation)
- **2018** 1. The effect of unawared meanings of ambiguous anagrams on the feeling of error. The Duncker Memorial Summer School on Cognitive Psychology, Moscow (poster presentation)
  - 2. The effect of semantic priming on metacognitive judgments. Psychology of the XXI century. Saint Petersburg (oral presentation)

#### MANAGEMENT EXPERIENCE

27th April 2020	Seminar "From Insight to Aha! Experience" <i>Online</i> (https://osf.io/v96gn/)	Co-organizer
2018-2020	A popular science festival "The Week of Cognitive Psychology", 6 editions Saint Petersburg State University, Russia	Co-organizer
29th—31st March 2019	Conference "Paradoxes of Consciousness: The Problem of Categorisation"	Co-organizer

Saint Petersburg University, Russia (https://osf.io/n4sj3/)

# **PSYCHOLOGICAL PRACTICE**

2016-2019	Volunteer at "Your Territory" — a non-profit organisation providing free psychological and crisis counselling for teenagers and young adults	Saint Petersburg, Russia
2015-2016	School psychologist assistant at State School #xxx	Saint Petersburg, Russia