

Hybrid Psychotherapy Lab Research Meeting 2021.2

Towards a mechanism-based individualized psychotherapy

Clinical Psychology and Psychotherapy (Prof. Dr. Eva-Lotta Brakemeier)

Friday, 2th of July 2021

09.00 am **Eva-Lotta Brakemeier**
Warm Welcome and Introduction

Panel 1: Towards a mechanism-based psychotherapy

09.15 am **Jan Richter**
Translating experimental work into the field - a mechanism-focused research perspective

10.15 am **Janine Wirkner**
Where I was, where I am and where am I going

11.15 am Coffee & Tea Break

Panel 2: Towards an individualized psychotherapy

11.30 am **Selin Demir**
Focusing on the outside of a therapist's office: Intersession Processes

12.15 am **Philipp Herzog**
Personalizing psychotherapy by combining mechanism-based and practice-oriented research: My academic past, present and future

01.15 am Lunch Break

02.00 pm **Tim Kaiser**
What can we know, what must we do and what may we hope? A sketch for a future-proof psychotherapy.

03.00 pm **Eva-Lotta Brakemeier and all**
Summary and outlook for the Psychotherapy Lab: Towards a mechanism-based individualized psychotherapy?

4.00 pm End

Location: Alter Audimax, HS 1, Rubenowstraße 1, 17489 Greifswald

Or Zoom Room: <https://us02web.zoom.us/j/2706305482>